All Time Favorite Dances
793.3 74568 CDROM
40 min PJ 1995
A collection of music for all the dances you love to do.
Audio only.
No Other Versions Available

All-Time Favorite Dances
793.3 74560 DVD
50 min T 2004
A collection of dances you can do without a partner.
The more complicated dance routines have step by step
demonstrations. Dances include: The Twist, Rocky Top,
The Limbo Rock, The Chicken, The Hora, The Mexican
Hat Dance, The Hokey Pockey, The Conga, The Alley Cat,
Virginia Reel and The Bunny Hop.
No Other Versions Available

Childrens Folk Dances
74561 CDROM
40 min PJ 1998
A collection of traditional favorites and unusual folk dances
for children 4 to 8. Dances offer opportunities for move-
ment increasing coordination and rhythm, developing so-
cial skills, and introducing the cultures of many countries.
No Other Versions Available

Daily Physical Activity (DPA) Kit (Junior)
76319 Kit JT 2012
This kit contains 90 Activity Cards. The activity cards are
divided into categories such as active games, tag games
and dance. They require little or no equipment, are suit-
able for the classroom, include safety considerations, and
contain activities integrated with math, science & tech-
nology, the arts and language. Activity Card Supplement
DVD. Includes activity specific supports in classroom sign
or chart format (e.g. fitness station cards, mission sheets),
as well as video demonstration clips of the 50 Fitness Ac-
tivities. Movin’ Music for DPA Volume I CD. Includes 21
music tracks to accompany the DPA Activities. Movin’ Mu-
sic for DPA Volume II CD. Contains a mix of music gen-
res, such as latin, rock, hip hop and dance, to energize
students. Dancing for DPA DVD. Includes step-by-step in-
structions of 50 essential dance movements, along with
4 new dances for the classroom and bonus video clips of
students demonstrating the 50 Fitness Activities. DPA in
Action DVD. Provides step-by-step demonstrations of nine
cross curricular activities.
No Other Versions Available

Dancing in Your Chair
74932 DVD
25 min PJ 2007 Mcintyre Films
Here’s exercise that’s funky and fun, and no one has to
leave their seat to get into it! Innovative choreography and
dynamic dancers deliver a rhythmic workout that energizes
and inspires. Try these one-minute activities to perk up
your students - and help build strength, flexibility and
endurance. Daily Physical Activity (DPA) for grades 1-6.
No Other Versions Available

Everybody Dance
74559 DVD
44 min PJ 2003
Ten popular dances that will appeal to the young and the
young at heart. Songs and dances starring a bunch of
kids just having fun, performing each of the dances, and
celebrating an exuberant approach to fitness.
No Other Versions Available

Everybody Dance
613.71 74563 CDROM
40 cd PJ 1995
A collection of upbeat songs and dances. From rock’n roll
to reggae and country western dancing, every dance will
be your favorite.
No Other Versions Available