Arts and the Mind
76730 DVD 120 min S 2012 McIntyre Films
This two-part special reveals the crucial impact of the arts on the human brain across our lifetimes and explores its particularly vital role in human development during youth and older age. The series shares stories of how music, dance, painting, poetry and theater markedly improve well-being at both ends of life, and reveals the cutting-edge science that explains the powerful, positive impact of the arts on our brains.
No Other Versions Available

F.A.S. When the Children Grow Up
74081 DVD 40 min S 2002 National Film Board
This documentary tells the stories of three adults living with F.A.S. along with commentary from experts in the field.
No Other Versions Available

Feeding
74008 DVD 20 min S 2004 McIntyre Films
Some of Canada's leading breastfeeding experts take you through all the techniques of successful breastfeeding - by far the healthiest way to feed your newborn. Here you'll find demonstrations on the best way to cradle your baby for a good latch as well as ways to cope with some of the common problems associated with breastfeeding.
No Other Versions Available

Fetal Alcohol Spectrum Disorder Prevention Kit
72512 Kit IS 2003
This kit contains life-like FAS and Drug affected baby manikins along with activities and information on the abuse of alcohol and other drugs.
No Other Versions Available

First Year Milestone
74345 DVD 50 min STA 2006 Visual Education Centre
This video follows eight babies over time to teach viewers what to expect from a baby in the first year of life. By showing each baby's progress from month to month, educators can help parents, staff, and students gain a more comprehensive understanding of infant growth and development.
No Other Versions Available

Hygiene and Sleep
74007 DVD 20 min S 2004 McIntyre Films
With hospital stays averaging less than 36 hours, who can remember a bathing demonstration that lasted 5 minutes? Now you can watch demos on both sponge bathing and immersion baths to your heart's content! As well, this section contains vital information and the latest recommendations on safe sleep habits for your new baby.
No Other Versions Available

Hyper Parents & Coddled Kids
75488 DVD 42 min IS 2009 Canadian Broadcasting Corp.
Kids today are the most overprotected, overindulged and overscheduled in history. Is all of this attention giving the next generation a competitive edge, or creating new problems that will last a lifetime? From the first baby yoga class to the last university course, and even sometimes into their childrens workplaces, todays parents go to any lengths to ensure their kids are ahead of the pack. Its an approach that sometimes seems more like product development than childrearing. As the first batch of hyper-parented kids emerges into adulthood, experts say this parenting style is having unintended consequences like young adults with higher levels of anxiety than any generation before them.
No Other Versions Available

Raising Cain - Exploring the Inner Lives of American Boys
305.23081 74668 DVD 120 min IS 2006 McIntyre Films
America's boys are in trouble. RAISING CAIN, hosted by child psychologist Michael Thompson, Ph.D., explores the emotional development of boys in America today. This two-hour documentary provides surprising new research about boys' inner workings, dispelling a number of commonly held misconceptions, and highlights innovative programs that are bringing out the best in boys.
No Other Versions Available

Four Feet Up
75567 DVD 46 min IS 2009 National Film Board
Four Feet Up is an intimate portrayal of child poverty in Canada. Twenty years after the House of Commons promised to eliminate poverty among Canadian children, 8-year-old Isaiah contemplates what "less fortunate" means as he finds his voice through his own magical drawings and photographs. Astute about the fact that his parents don't make a lot of money, Isaiah is unaware of their constant worry about putting food on the table, affording any after-school opportunities, and keeping stereotypes at a distance. Four Feet Up invites us into the lives of this determined family, revealing an intimate and touching experience of child poverty in one of the world's richest nations.
No Other Versions Available