Social Sciences and Humanities - Family Studies - Individual and Family Living - Grade 9/10

Child Development Theorists
75304 DVD
20 min S 2009 McIntyre Films
Beginning with Sigmund Freud, modern child development theories have changed the way that parents raise their children and the way that teachers teach those children. This dvd is an enlightening view of the major child development theories, how the theories differ, and how more than one approach can be beneficial. Historical footage and photos are combined with candid documentary footage form day care centres.
No Other Versions Available

Childhood Nutrition: Healthy Habits for Kids
74160 DVD
9 min IS 2005 Kinetic Video Inc.
Designed to be viewed by kids, this high-energy video promotes healthy eating and an active lifestyle in a format that captures their attention. Features USDA's MyPyramid; Healthy fast food, snack, and beverage choices; Tips on responsible TV watching; Easy daily physical activity ideas
No Other Versions Available

Childhood Nutrition - Volumes One and Two
74163 DVD
35 min ST 2005 Kinetic Video Inc.
Volume 1 - Feeding Your Baby - Parents learn about age-appropriate food choices for babies and the importance of positive, nurturing eating experiences. Breastfeeding and formula feeding; Reading hunger and fullness cues; How and when to introduce solid foods; Choking and allergies; Self-feeding and family meals. Volume 2 - Volume 2: Young Children Eating Right - Make nutritious eating and healthy lifestyle a fun family habit. Features tasty snack and meal ideas, along with how to deal with choosy eaters. Features USDA's My Pyramid; Making mealtime a positive experience; Quick and healthy home made and fast food ideas; Ways to promote exercise and limit TV; Food safety and choking hazards.
No Other Versions Available

Divorce and Stefamilies
74166 DVD
30 min IS 2004 Kinetic Video Inc.
This program speaks to a diversity of middle and high school teenagers who have been impacted by divorce, including those whose parents have recently separated or are in the process of divorce; and teens in stepfamilies. Teens and counselors explore solutions to problems such as custody arrangements, visitation, and building new relationships with single parents. In another support group, high school teens mentor children in grades 4-6 who are coping with similar situations. We also meet an interracial stepfamily and see how they successfully work at coming together. Through sharing personal experience and advice on how to deal with the confusing and unpleasant emotions that often accompany divorce, this program helps teens who have had similar experiences with divorce. It also provides ways friends can offer support.
No Other Versions Available

F.A.S. When the Children Grow Up
74081 DVD
40 min IS 2002 National Film Board
This documentary tells the stories of three adults living with F.A.S. along with commentary form experts in the field.
No Other Versions Available

First Year Milestone
74345 DVD
50 min STA 2006 Visual Education Centre
This video follows eight babies over time to teach viewers what to expect from a baby in the first year of life. By showing each babys progress from month to month, educators can help parents, staff, and students gain a more comprehensive understanding of infant growth and development.
No Other Versions Available

How Boys & Girls Differ - the First Six Years
74165 DVD
20 min IS 2002 Kinetic Video Inc.
Parents, teachers and other child care providers need to know what the real difference is between how boys and girls develop? Is it sugar and spice versus snails and puppy dog tails? Is it Mars versus Venus? Is it all in genes and chromosomes? Actually it's much more complex than that. Girls have more acute hearing than boys and begin talking a bit sooner, but boys show superior spatial intelligence even in the first year. Girls start life growing physically faster and at a more steady rate. Girls develop social skills sooner than boys and are more interested in people and feelings even in the first year of growth. What do these and other gender differences mean for parents and caregivers? Do they contribute to stereotypes? How can parents nourish the whole child?
No Other Versions Available

It Takes a Child
75610 DVD
56 min JIS 1998 Mcnabb/Connolly Films
After reading an article in a Toronto newspaper about the murder of a 12 year old liberated Pakistani carpet worker who had been speaking about millions of children who live lives of slavery, Craig Kielburger decided to help by telling their stories to anyone who would listen. Craig held a press conference, and caught the attention of the International press. Craig has travelled the world, meeting working children and repeating their stories to the media. He is determined to put child Labour on the International agenda and to keep it there.
No Other Versions Available

Nutrition for Infants and Children
74662 DVD
26 min IS 2006 McIntyre Films
This video explains the importance of good nutrition for newborns, infants, and toddlers and examines its beneficial effects on their growth and development. Filled with how-to and when-to advice, the video also discusses the relative merits of breastfeeding and bottle-feeding, potential food allergies, the importance of a balanced diet and physical activity even at a young age, and special dietary preferences like vegetarianism. Perfect for new parents and parents-to-be, caregivers, and anyone who wants to learn more about feeding children from day one through age five!
No Other Versions Available

Shaping Youngest Minds
71406 VHS Video
24 pce S 1999 Kinetic Video Inc.
How a child's brain develops has changed in recent times. At birth the brain is remarkably unfinished and it is the nature of early interactions with people that determines what direction development will take. From experiences in the womb to storytelling and cuddling, the video also covers comforting and how things like poverty and parental depression affect young children.
No Other Versions Available

Teaching Every Student in the Digital Age
371.394 ROS David H. Rose, Anne Meyer 05698 Book
216 p. T 2002
Ensuring that all students achieve the same high standard of learning would be much easier if you could quickly and easily customize lesson plans and curriculum materials to each students needs, interests, and skills level. Here's a book that explains how to make that ideal a reality. Explore the concept of Universal Design for Learning and how it can help you meet standards while you address the unique needs of each student.
No Other Versions Available
Can a child's IQ be improved during the first years of life? Many experts believe that early interactions influence a young person's brain development. Students learn the ten most important factors in giving kids the best start in life, with information from human development experts and prominent brain researchers. No Other Versions Available